



Presenting a solution to your employees' needs.

For confidential assistance, please contact us..

www.EAPLifestyle.com

eaplifestyle@eaplifestyle.com

1.800.788.2077

With offices and providers across the world.

How do I use the employee assistance program?

It's very simple. Simply request an appointment with a counselor. Give us a call at 1-800-788-2077, 24 hours a day. There is no need to go through anybody in your company

We also offer an informative website, www. EAPLifestyle.com, with helpful advice on many work and personal life issues. Your HR manager should provide you with a username and password to access our members-only content.

What will it cost?

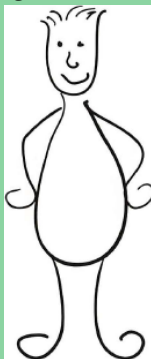
Our services are available to you and members of your immediate family at *no cost*. Only when individuals are referred to and use a community resource (such as elder care, substance abuse treatment, legal services, etc.) will they be responsible for treatment and/or service charges.

Often, medical insurance or other resources can be used to cover a portion of the cost incurred from using community resources. Your EAP Lifestyle Management counselor will be sensitive to your financial needs and available coverage.

Are Life's Problems Weighing You Down?



Let Us Help You Lighten Your Load!



Are you having problems in your life that are affecting your work performance or focus? Maybe you are experiencing problems with:

- Stress
- Depression
- Marital
- Alcohol or drugs
- Mental or emotional tension
- Family Issues
- Financial problems
- Anything else...

EAP Lifestyle Management, LLC offers the following top-notch employee assistance program services to employees like you!

- Counseling Services
- Interactive workplace seminars & training
- Legal referrals
- Substance Abuse Professional services
- Financial referrals
- Critical Incident Stress Management: Response & Training
- Continuing Education Units (CEUs) for nurses, HR Managers, and Social Workers
- Much more!

What is an employee assistance program (EAP)?

An EAP is a benefit provided by your employer. It is a program that provides assistance to resolve problems that are affecting you, your job, and your family. You simply contact us, and we find the help you need.

EAP Lifestyle Management also offers on-site services for employees and managers such as critical incidence response training and classes for CEU credit. Please contact us with your needs for a program tailored to your needs.

Why should I use my EAP?

All of us have personal problems from time to time. When personal problems make life difficult, it can lead to difficulties at work. Your EAP is designed to help employees just like you before personal problems become work problems.

Is it Confidential?

Yes! Information shared with any EAP Lifestyle Management counselor or employee will be strictly confidential in accordance with any applicable laws.

EAP Lifestyle Management is a proud member of these organizations:

